

RIVERSIDE MOUNTAIN RESCUE UNIT

Technical Rock Training

July 11, 2020
Suicide Rock, Idyllwild
2020-T07

Written by Eric Holden.

Another training up on Suicide rock. This was designed to see where our skills were at and what we needed to work on. With Tony "I like it -20 degrees" Hughes leading, we had an early 6am start as temps were forecasted in the high 90s for Idyllwild. We got to the top of the rock in about 45 minutes and set up two anchors, one wrapping a BR (Big Rock) and the other using only cams and nuts.



Eric with Tyler in Litter on the Wall.
Image by Kase.



Eric with Tyler in Litter, close up showing the rigging.
Image by Eric.

I was the first person to take the litter over the edge and test the system. With full faith in my team I was lowered about 130ft off the face and practiced a few litter attendant techniques. On the way up I grabbed Tyler to act as my patient for the day.



**Blake, Tony, and James Pulling Red Rope.
Image by Kase.**



**Beth and Shani part of Blue Rope Team.
Image by Kase.**

We practiced passing knots and rotated everyone through many positions.



**Shani, Kaitlyn, and Blake on the Red Rope.
Image by Kase.**



**Vinay with Blake in Litter being Lowered.
Image by Kase.**



**Cameron as Safety Officer.
Image by Kase.**

We have MPD (Multi-Purpose-Device) person, Prusik person, Hauling people, Safety Officer, Person in litter, Litter attendant, and of course Team Leader.



**Twin Rope System with Red and Blue Lines doing Raise.
Image by Beth.**



**Team setting up for another Lower and Raise.
Image by Beth.**

It was a hot day and we packed up the gear left the rock at 11am.



**Team putting away gear for the hike out.
Image by Kase.**

Another great training with RMRU.

RMRU Members Involved: Kase Chong, Cameron Dickinson, Blake Douglas, James Eckhardt, Corey Ellison, Michael George, Eric Holden, Tony Hughes, Beth Jeffery, Kaitlyn Purington, Shani Pynn, Vinay Rao, and Tyler Shumway.