

RMRU NEWSLETTER

PUBLISHED MONTHLY BY THE RIVERSIDE MOUNTAIN RESCUE UNIT, INC.
A VOLUNTEER NON-PROFIT CORPORATION

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7 & 14 Feb. - Technical Training on Mt. Rubidoux
8 Feb. - Advisory Committee Meeting
21 Feb. - Board Meeting
24 Feb. - Training
28 Feb. - Regular Meeting

ADVISORY MEETING: The RMRU Board of Directors will meet with the members of the Advisory Committee at the home of Al Andrews on 8 February at 1930. We finally received our non-profit status from the IRS and can now really get under way on a fund raising campaign.

BOARD MEETING: 1900 on 21 February at the home of Don Ricker. If you have suggestions or questions of any kind, feel free to come to the board meeting or call any of the board members.

FEBRUARY TRAINING: Saturday, 24th 0800 on Mt. Rubidoux for Technical training, bring all your technical gear and all of your rope. Also bring lunch, water, regular call-out gear.

WEDNESDAYS ON THE ROCKS: We will gather after supper every Wednesday except when there's a Board or Regular meeting, then it will be on Monday. But wait on the Monday routine until March 4th. Bring ropes, hardware, hammer, slings, and other desirable gear for evenings of intensive technical rescue practice. Be at 9th and Loring by 1900 to help carry up Unit ropes and litter. Plan on Feb. 7 & 14, Mar. 6, 13, 18, & 25. This is our opportunity to qualify most of the Unit for Technical Rescue.

REGULAR MEETING: 1930 on 28 February at Highland Outfitters. There will be a 5 question quiz on any part of the training manual at all meetings from now on. Also the last 15 minutes of each meeting will be devoted to knot tying. Everyone bring his knot-tying ropes. Bob MacPherson will have a very fine film on avalanches...try to be there.

CONGRATULATIONS! All currently active members were present 31 January.

SUSTAINING MEMBERS: RMRU wishes to thank the San Jacinto Rotary, Mr. R. A. Dewees, and the Perris Rotary Club for their very generous donations. And we wish to welcome them as sustaining members of RMRU.

TESTING: There is almost half of the team that has not been tested on Call-out Response and Material Readiness, so don't drop your guard and those that have been tested best stay on their toes.

PHYSICAL FITNESS: Last Wednesday Woody Stark started a spirited discussion on getting the entire Unit into optimum condition regarding strength and endurance. It was pointed out that we should immediately commence training to exceed the standards listed in the "Qualifications Sheet." Actually, only a few members have no regular training plan, and we hope they are now inspired to "run for their lives." By this we mean that anyone who can run five miles in a reasonable time without distress is going to live longer and feel much better all the time. Yes, we will test, let's say, well, sooner than you think!

CALIFORNIA REGION MEETING: On Saturday, 13 January Andrews, Walker and Fairchild attended this meeting at China Lake. There was discussion on new teams, MRA operations, future region functions, and other matters. Following a dinner we were treated to a showing of the China Lake team's slides of their ascent of Mt. McKinley. This was a breath-taking and inspiring show. We ought to put that climb in our training schedule.

JANUARY TRAINING MISSION: "Snow conditions could modify itinerary..." thus saith our Training Schedule. They did--we floundered around in snow much deeper in the headwaters of Chino Canyon than up toward Round Valley. A late start, poor visibility, and the snow caused us to abort our plan to descend the Skyline Trail.

RESCUE ACTIVITY: January was a "dry" month. But one of these days

The new slide show has been given three times and has met with very good response each time.



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