

# RMRU NEWSLETTER

Volume III, Issue 2, February 1967

## COMING EVENTS:

- Feb. 15 - Board meeting
- Feb. 22 - Regular meeting
- Feb. 24-26 - Winter trip

**BOARD MEETING:** 1900 on 15 February at Don Ricker's home.

**REGULAR MEETING:** 1930 on 22 February at Highland Outfitters, University & Orange Sts., Riverside. The business part of this meeting will be held to 30 minutes or less so that the winter trip teams will have time to make their final plans. Every member who has not participated in our past winter training missions must bring his full complement of gear to this meeting -- fully packed and clothed as though he were leaving that night (minus food). Final instructions and plans will be made.

**FROM THE TRAINING CHAIRMAN:** The following men have not yet turned in their new (pink) application forms: Bridge, Dodson, Hirsh, Johnson, Minter, Ricker and Webster.

**Physical Fitness:** practice your pull-ups, push-ups, sit-ups and running. You may state when you reach the standard and be checked off. We won't test until May.

**Call-out Response & Material Readiness:** practice getting away from the house with full gear in fifteen minutes -- have some one time you. Then tell Jim when you come on the next mission how long you took to get moving.

Why training missions?

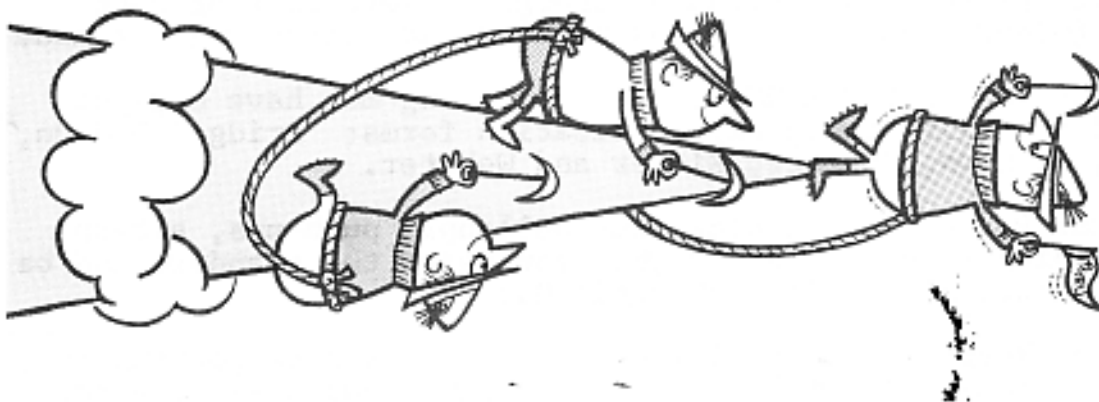
- a) Learn teamwork and cooperation with fellow RMRU members.
- b) Attain better physical conditioning and ability to move in wilderness terrain.
- c) Familiarity with topography.
- d) Development of skills pertinent to our operations.
- e) Exceptionally high level of enjoyment: sociability; scenery; relief from tension.

Why miss training missions?

Your training chairman can't think of any good reasons.

**FROM THE PRESIDENT:** From time to time the word professionalism has been mentioned. One of our former members was very keen on this, to quote him, "When you put on the patch (mountain rescue) you are saying that you are a professional." The entire team this past year has made great strides in this direction, but there is still room for improvement. With this new year let us all 'THINK RMRU'.

RECEIVED 2/1/67



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